

Being culturally respectful	What I can do and say
Be quiet and respectful at all meetings.	Don't over talk or talk over people. Allow all participants in the meeting or discussion to speak.
Honour the autonomy of the family and community. Let them make decisions about what will be talked about and what will be of use.	<p>What are the things that are important for you to talk about today?</p> <p>How would you like to make use of the time we have today?</p> <p>What is most useful, for you and your family, to talk about today?</p> <p>Are there things happening in the community at the moment that you feel would be useful for me to know?</p>
<p>Acknowledge your cultural differences with families.</p> <p>Invite family members to let you know when you say or do things that not okay with them.</p> <p>It would be respectful to let families know your cultural background.</p>	<p>I'm mindful we have different cultural backgrounds, I have [<i>Practitioners own cultural background</i>] and there may be things that are discussed between us that I am not aware of or have any understanding of.</p> <p>Do you think when this is happening for me am I able to ask you about it so I can understand?</p> <p>Also if there are things I say that aren't clear or make sense to you, can you please let me know and I'd be happy to talk about it more?</p>
Ask the person how they would be like to be addressed? Don't assume if the person is old that you can call them Aunty or Uncle. In the first instance it would be respectful to call the person Mr or Mrs.	Hi Mr or Mrs... are you ok if I call you that or is there another name you would like me to use?

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<p>Continuously ask for permission about when, where, who and what to talk about.</p> <p>The location of meetings and the people involved in discussions may change depending on different circumstance</p>	<p>Where did you want to meet next time?</p> <p>At our next meeting we will need to discuss [topic], who are the people you think would be most useful for you to have there?</p> <p>If I needed to know more about [topic], who do you think would be the best person to talk with? Who else needs to be involved in that conversation?</p>
<p>Make space for them to say 'no'.</p>	<p>How will I know that you want to say no to something?</p> <p>How would you like me to respond to that?</p> <p>What does saying 'no' say about your ability to decide what's going to happen?</p>
<p>Thinking about tonight, tomorrow and later.</p>	<p>How might you be feeling and thinking about what you have been telling me tomorrow?</p> <p>How will you care for yourself today and tomorrow?</p> <p>Who can be there to help care for you?</p>
<p>Give space for silence</p>	<p>Aboriginal and Torres Strait Islander peoples will not always respond immediately, there are times where they will quietly reflect and think – allow this to happen.</p>